

# Preparing for school

Everyday activities at home, in childcare, or in preschool are an easy way to prepare your child for school:

- read stories
- ask & answer questions
- play with friends
- play games
- sing songs
- count objects
- help with household chores
- visit new places

# Not sure your child is on track?

Keeping up with well-child visits with your family doctor is one way to see whether your child is on track.

If you are concerned about a possible developmental delay, contact the Clackamas ESD, which provides services to preschool age children with special needs. Call 503.675.4097.

# Kindergarten is different now

As K-12 schools adapt to the challenging Common Core standards, kindergarten education is more important than ever to build early math, reading, and writing skills needed for school success.

Modern kindergartens have adapted to take advantage of the window of opportunity when a young child's brain is active and ready for learning.

# Need more information?

Call the Gladstone Center for Children & Families at **503.496.3939** or visit the center at 18905 Portland Avenue. Or drop by the Eastham Community Center in Oregon City at 1404 7th Street. **(503.785.8520)**

Both centers can provide information on kindergarten registration and preparation programs, Head Start preschool, ESD services for preschoolers with special needs, family support programs, counseling, parent classes, and more.



# Is your child getting ready for kindergarten?

**Kindergarten Readiness Action Team  
Gladstone Center for Children & Families  
Chair Don Brown: 503.496.3939**



## Social Skills

- Share and take turns
- Respect others, their possessions, and classroom materials
- Use words to express feelings, and manage anger appropriately
- Participate actively in learning groups; show interest without interrupting others

## Health & Physical Skills

- Demonstrate self care with feeding, dressing, toileting, hand washing, and tooth brushing
- Understand healthy food choices and use forks and spoons for eating
- Use school tools such as scissors, markers, pencils, and crayons appropriately
- Demonstrate fire, seatbelt, and pedestrian safety skills

## Early literacy

- Use short sentences with words from a growing vocabulary
- Tell stories to communicate details, pictures, and experiences
- Trace, draw, and write his/her first name
- Identify upper and lower case letters and know the sounds of several letters
- Recognize printed words on signs, with pictures, and follow words from left to right in books



## Math readiness

- Recognize, write, and count numbers from 1 to 20
- Identify 12 colors correctly
- Create simple, repeating patterns with sounds, colors, or shapes
- Recognize and describing shapes, such as circle, square, and triangle
- Identify groups of objects as having more, less, or equal amounts, and sorting them into smaller sub-groups
- Correctly match counted objects to the numbers 1 to 10